Ponteland Runners Club Championship Races 2017

			chart	madium	long		
			short	medium	long		T
Day	Date		5K (part of Parkrun Challenge organised by Paul O'Neil)	over 5k to 10 miles	over 10 miles	Website	Notes
March to October					Any marathon, please email time to clubchampionship@pon telandrunners.org.uk		
Saturday	March	11	Newcastle Parkrun				
Sunday	March	19			Kirkley 1/2	http://www.runnation.co. uk	
Saturday	April	1	Gibside Parkrun				
Sunday	April	9		Blyth Valley 10K		http://www.blythrunningc lub.org.uk	
Sunday	April	16		Tyneside 10K	Druridge Bay 1/2		
Saturday	April	29	Gateshead Parkrun				
Sunday	May	7			Sunderland 1/2		
Sunday	May	14		Pier to Pier (7.5mi)			
Saturday	May	20	Druridge Bay parkrun			https://www.edinburghm	
Saturday	May	27		Edinburgh 10K		arathon.com/events/10k/	
Sunday	May	28			Edinburgh 1/2	https://www.edinburghm arathon.com/events/half- marathon/	
Friday	June	9		Blaydon Race (5.7 mi)		www.blaydon-race.com	entries open 7pm Feb 15th
Wednesday	June	14?		Newburn River Run (6.5 mi)		www.elswickharriers.org.u k	
Saturday	June	17	Prudhoe Parkrun				
Wednesday	June	21		Stamfordham 10K		www.runnation.co.uk	
Wednesday	june	29		Kirkley 10K		www.runnation.co.uk	
Tuesday	July	4		Bridges of Tyne (5mi)		https://www.tynedaleharr	
Wednesday	July	5		Tynedale 10K Ovingham		iers.com/tynedale-10k	
Sunday	July	9		Great North 10K		http://www.greatrun.org/ great-north-10k	
Sunday	July	16			Hexham (1/2)	https://www.facebook.co m/thehexhamhalf/	very hilly!
Wednesday	july	20		Wallington 10K		www.runnation.co.uk	very mily:
Sunday	July	23		0	Coastal Run (13.5mi)	http://www.alnwickharriers.co.uk/?page id=103	entries full
Saturday	July	29	South Shields Parkrun			Steerany rpage to 100	critico ruii
Saturday	August	12?		Gateshead Trail 10K			
Saturday	August	19	Whitley Bay Parkrun				
Sunday	Sept	10			Great North Run (13.1 mi)		ballot entries close Feb?
Saturday	Sept	16	Riverside Parkrun				
Sunday	Sept	24			Haltwhistle Half (13.1 mi)		
Sunday	October	1		Prudhoe Miners Race 10K		www.runnation.co.uk	
Sunday	October	1			Great Cumbrian Run (13.1 mi Carlisle)	http://cumbrianrun.co.uk	
Saturday	October	14	Rising Sun Parkrun				
Sunday	October	29			Morpeth to Newcastle	http://www.morpeth2new	
		<u> </u>	Post 1 securits	Post 2 sount	1/2 and marathon	<u>castle.co.uk</u>	<u> </u>
			Best 1 counts	Best 2 count	Best 1 counts		

The last Parkrun Challenge event, not part of the club championship
Saturday November 18 Newcastle Parkrun