

| | | Park Run Challenge Races | | | | Best Park Run | |
|---------|-------------------|--------------------------|---------|-----------|----------|---------------------------|------------------------------|
| SUMMARY | | Newcastle | Gibside | Gateshead | Druridge | km | 5 |
| | | March | April | April | May | Best park run run time | Best park run Age Grade % |
| 1 | Amelia Dakin | 0:26:36 | 0:28:53 | 0:27:33 | 0:28:20 | 0:26:36 | 63.8 |
| 2 | Tim Allsop | | | | | | 0.0 |
| 3 | Nick Wild | 0:19:23 | | | | 0:19:23 | 76.7 |
| 4 | Nick Moseley | | 0:23:24 | | 0:21:24 | 0:21:24 | 74.9 |
| 5 | David Siffham | 0:21:15 | 0:22:38 | 0:21:39 | | 0:21:15 | 73.5 |
| 6 | David Levison | 0:20:06 | 0:21:24 | 0:20:00 | 0:20:08 | 0:20:00 | 72.6 |
| 7 | Paul O'Neil | 0:18:27 | 0:19:57 | 0:18:49 | 0:18:51 | 0:18:27 | 71.1 |
| 8 | Miv Chahal | 0:20:23 | 0:22:08 | 0:21:21 | | 0:20:23 | 64.7 |
| 9 | Nicola Matthews | 0:25:44 | 0:26:57 | | 0:27:58 | 0:25:44 | 60.2 |
| 10 | Welen O'Neil | 0:24:39 | 0:27:39 | 0:25:39 | 0:28:08 | 0:24:39 | 61.1 |
| 11 | Lynn Midgley-Ward | | 0:31:49 | | 0:28:26 | 0:28:26 | 57.0 |
| 12 | John McGargill | 0:19:11 | 0:20:57 | | 0:20:22 | 0:19:11 | 80.8 |
| 13 | Fiona Nicholson | | | | | | 0.0 |
| 14 | Roland Brown | 0:20:21 | 0:20:38 | 0:19:33 | 0:19:44 | 0:19:33 | 72.5 |
| 15 | Elaine Stroud | | | | 0:22:59 | 0:22:59 | 67.9 |
| 16 | Ashley Dorani | | 0:22:38 | 0:21:53 | 0:21:32 | 0:21:32 | 68.7 |
| 17 | Chris Kenyon | 0:19:46 | 0:21:30 | 0:20:11 | | 0:19:46 | 66.7 |
| 18 | Daniel Barry | | | | | | 0.0 |
| 19 | Elliott Ward | | | | 0:23:11 | 0:23:11 | 63.6 |
| 20 | Matthew Bell | 0:20:13 | 0:21:33 | | 0:20:22 | 0:20:13 | 66.0 |
| 21 | Wally James | 0:21:16 | 0:23:04 | 0:21:51 | 0:21:23 | 0:21:16 | 67.0 |
| 22 | Andy Hutchinson | 0:20:04 | | | 0:20:49 | 0:20:04 | 67.5 |
| 23 | Fiona McGargill | 0:29:51 | | 0:29:53 | 0:29:43 | 0:29:43 | 60.9 |
| 24 | Nikki Banton | | | | 0:26:47 | 0:26:47 | 59.9 |
| 25 | Ernie Stephenson | 0:26:16 | 0:27:58 | 0:26:10 | | 0:26:10 | 59.2 |
| 26 | Adam Brown | 0:22:46 | 0:23:02 | | 0:22:25 | 0:22:25 | 58.5 |
| 27 | Lesley Bennett | 0:30:46 | 0:32:42 | 0:30:21 | 0:31:17 | 0:30:21 | 56.6 |
| 28 | Kelly Graham | 0:26:08 | | | | 0:26:08 | 57.4 |
| 29 | Laura Choake | | | | | | 0.0 |
| 30 | Suzanne Nicholson | | | 0:30:11 | 0:30:16 | 0:30:11 | 54.9 |
| 31 | Tina Kelly | | | | 0:28:25 | 0:28:25 | 54.5 |
| 32 | James Leiper | | | | 0:18:29 | 0:18:29 | 73.8 |
| 33 | Aaron Hoyle | | | | | | 0.0 |
| 34 | Neil Ward | | | | | | 0.0 |
| 35 | Chris Wright | | | | | | 0.0 |
| 36 | Arian Stephenson | 0:20:33 | 0:21:42 | 0:20:35 | 0:20:34 | 0:20:33 | 66.92 |
| 37 | Nick Winslow | | | | | | 0.0 |
| 38 | Mark Kelly | | | | 0:21:58 | 0:21:58 | 65.6 |
| 39 | David Legg | 0:23:02 | | | | 0:23:02 | 64.0 |
| 40 | Peter Warcup | | 0:21:26 | 0:20:13 | | 0:20:13 | 63.8 |
| 41 | Tony Vick | | | | | | 0.0 |
| 42 | Hedi Finlay | | | | 0:24:44 | 0:24:44 | 61.5 |
| 43 | Sue Heppell | | | | 0:27:24 | 0:27:24 | 60.4 |
| 44 | Josh Pemberton | | | | | | 0.0 |
| 45 | Susan Dorani | | | 0:29:30 | | 0:29:30 | 58.3 |
| 46 | Alex Newell | | | | | | 0.0 |
| 47 | Paul Holbrow | 0:27:07 | 0:26:17 | | | 0:26:17 | 57.5 |
| 48 | Rob Charlton | | | | 0:23:52 | 0:23:52 | 54.9 |
| 49 | Claire Peat | | | | 0:28:54 | 0:28:54 | 52.6 |
| 50 | Lynsey Curry | | | | | | 0.0 |
| 51 | Caroline Bavin | | | | | | 0.0 |
| 52 | Carlum Ward | | | | 0:27:21 | 0:27:21 | 48.8 |
| 53 | Kelly Hymer | | 0:21:01 | | | 0:21:01 | 47.7 |

| | | Blyth 10K | | | | Tyneside 10K | | | | Pier to Pier (6.9 mi) | | Kirkley 1/2 | | Druridge Bay 1/2 | | Sunderland 1/2 | | Best Marathon | | | | |
|---------|------|-----------|----|---------|---------|--------------|-------|--------------|-------------|-----------------------|-------------|-------------|-------------|------------------|-------------|----------------|-------------|---------------|-------------|------------------|-------------|-------|
| | | April | 9 | April | 16 | May | 14 | MEDIUM RACES | | March | 19 | April | 16 | May | 7 | km | 42.195 | LONG | | | TOTAL SCORE | |
| | | km | 10 | km | 10 | km | 11.04 | Time | Age Grade % | Time | Age Grade % | Time | Age Grade % | Time | Age Grade % | Time | Age Grade % | Time | Age Grade % | Best Age Grade % | | |
| 0:55:41 | 62.5 | | | | 1:08:42 | 56.1 | 62.5 | 56.1 | 2:08:07 | 58.9 | | | | | | | | | | 58.9 | 241.4 | |
| 0:46:13 | 77.0 | | | 0:37:59 | 78.9 | 0:44:19 | 74.9 | 78.9 | 74.9 | | | | | | | | | | | | 78.1 | 232.0 |
| 0:44:40 | 74.7 | | | 0:45:15 | 73.8 | | | 74.7 | 73.8 | | | 1:29:51 | 75.1 | | | | | | | | 75.1 | 228.8 |
| 0:43:07 | 75.4 | | | | | 0:50:39 | 71.2 | 75.4 | 71.2 | | | | | | | | | | | | 0.0 | 222.5 |
| 0:40:56 | 73.8 | | | | | | | 73.8 | 0.0 | 1:35:59 | 68.6 | | | | | | | | | | 68.6 | 215.0 |
| 0:38:50 | 70.3 | | | | | | | 70.3 | 0.0 | 1:28:48 | 66.9 | | | | | | | | | | 66.9 | 208.3 |
| | | | | | 0:51:04 | 62.2 | | 62.2 | 0.0 | 1:38:36 | 60.5 | | | | | 3:28:59 | 59.8 | | | 60.5 | 184.0 | |
| 0:33:33 | 57.6 | | | | | 1:11:08 | 51.7 | 57.6 | 0.0 | 2:06:26 | 53.0 | | | | | | | | | | 53.0 | 171.7 |
| | | | | | 0:41:30 | 77.7 | | 77.7 | 0.0 | | | | | | | | | | | | 0.0 | 158.5 |
| 0:46:24 | 74.1 | | | | 0:57:16 | 66.5 | | 74.1 | 66.5 | | | | | | | | | | | | 0.0 | 146.6 |
| | | | | | | | | 0.0 | 0.0 | 1:38:17 | 65.3 | | | | | | | | | | 65.3 | 137.8 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | 3:33:53 | 68.9 | | | 68.9 | 136.9 | |
| | | | | | | | | 0.0 | 0.0 | 1:40:42 | 65.4 | | | | | | | | | | 65.4 | 136.1 |
| | | | | | 0:41:18 | 66.4 | | 66.4 | 0.0 | | | | | | | | | | | | 0.0 | 133.1 |
| | | | | | 0:42:24 | 66.5 | | 66.5 | 0.0 | 1:36:30 | 63.4 | | | | | | | | | | 63.4 | 129.9 |
| | | | | | | | | 0.0 | 0.0 | 1:45:33 | 63.4 | | | | | | | | | | 63.4 | 127.0 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | 3:47:51 | 61.2 | | | 61.2 | 127.0 | |
| | | | | | | | | 0.0 | 0.0 | | | | | | | 3:28:51 | 60.0 | | | 60.0 | 126.1 | |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 122.0 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | 3:56:00 | 53.8 | | | 53.8 | 121.3 | |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 121.0 |
| | | | | | | | | 0.0 | 0.0 | 2:01:30 | 58.7 | | | | | | | | | | 58.7 | 118.5 |
| 0:54:00 | 58.8 | | | | 0:56:25 | 53.6 | | 58.8 | 0.0 | | | | | | | | | | | | 0.0 | 118.0 |
| | | | | | 1:03:39 | 55.4 | | 55.4 | 0.0 | | | | | | | | | | | | 0.0 | 112.1 |
| | | | | | 1:04:01 | 53.2 | | 53.2 | 0.0 | | | | | | | | | | | | 0.0 | 112.0 |
| | | | | | 0:57:20 | 58.7 | | 58.7 | 0.0 | | | | | | | | | | | | 0.0 | 110.6 |
| | | | | | 1:02:44 | 54.1 | | 54.1 | 0.0 | | | | | | | | | | | | 0.0 | 109.0 |
| | | | | | 1:00:05 | 52.9 | | 52.9 | 0.0 | | | | | | | | | | | | 0.0 | 107.4 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 73.8 |
| | | | | | | | | 0.0 | 0.0 | 1:21:23 | 72.8 | | | | | | | | | | 72.8 | 72.8 |
| | | | | | | | | 0.0 | 0.0 | 1:36:13 | 67.3 | | | | | | | | | | 67.3 | 67.3 |
| 0:48:28 | 67.1 | | | | | | | 67.1 | 0.0 | | | | | | | | | | | | 0.0 | 67.1 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 66.9 |
| | | | | | | | | 0.0 | 0.0 | 1:48:46 | 66.1 | | | | | | | | | | 66.1 | 66.1 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 65.6 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 64.0 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 63.8 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 63.1 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 61.5 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 60.4 |
| 0:46:21 | 60.0 | | | | | | | 60.0 | 0.0 | | | | | | | | | | | | 0.0 | 60.0 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 58.3 |
| | | | | | | | | 0.0 | 0.0 | 1:42:24 | 57.8 | | | | | | | | | | 57.8 | 57.8 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 57.5 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 54.9 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 52.6 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | 2:08:06 | 51.9 | | | 51.9 | 51.9 | |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 51.5 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 48.8 |
| | | | | | | | | 0.0 | 0.0 | | | | | | | | | | | | 0.0 | 47.7 |