

Position	First Name	Last Name	AGE GROUP	Best Short Race			Best Medium Race			Best Long Race			Best 4th Scoring Race			XC & Relay Events Attended	XC & Relay Bonus Points	Overall Score
				Race	Time	Score	Race	Time	Score	Race	Time	Score	Race	Time	Score			
1	Fiona	Nicholson	F50	Club Summer Handicap	0:22:28	80.5	Ovingham Pie n Peas 10K	0:47:20	80.0	Great North Run 1/2	1:43:38	79.1	Blaydon Race	0:45:31	77.3	2	6	322.9
2	Emma	Turnbull	F50	Club Summer Handicap	0:22:04	76.5	Bridges of the Tyne 5 mls	0:35:57	77.7	Great North Run 1/2	1:37:47	77.7	Blaydon Race	0:42:11	77.4	2	6	315.2
3	Esme	Stephenson	F40	Parkrun Challenge CC #1	0:23:26	69.8	Bridges of the Tyne 5 mls	0:37:23	72.1	Great North Run 1/2	1:52:23	65.2	Blaydon Race	0:45:05	69.9	4	12	288.9
4	Lalage	Brown	F60	Club Summer Handicap	0:27:07	68.4	Ovingham Pie n Peas 10K	0:56:41	68.8	Great North Run 1/2	2:05:19	67.2	Parkrun Challenge CC #3	0:27:24	67.7	3	9	280.8
5	Paula	Heron	F40	Club Summer Handicap	0:22:51	67.2	Bridges of the Tyne 5 mls	0:37:00	68.2	Edinburgh 1/2	1:47:12	63.8	Blaydon Race	0:44:21	66.4	5	12	277.6
6	Amelia	Dakin	F50	Parkrun Challenge CC #3	0:28:40	63.1	Town Moor Memorial 10K	0:57:13	66.2	Keilder 1/2	2:26:03	56.1	Blyth 10K	1:01:19	61.8	5	12	259.2
7	Andrea	Findlater	F40	Parkrun Challenge CC #3	0:25:13	62.9	North Tyneside 10K	0:52:49	62.0	Great North Run 1/2	1:57:23	60.4	Bridges of the Tyne 5 mls	0:43:39	59.8	4	12	257.1
8	Joanne	Lucking	F50	Parkrun Challenge CC #3	0:27:17	61.2	North Tyneside 10K	0:58:16	58.8	Great North Run 1/2	2:03:40	60.7	Parkrun Challenge CC #2	0:27:44	60.2	4	12	253.0
9	Kelly	Enderwick	F30	Club Summer Handicap	0:25:13	59.6	Blaydon Race	0:49:06	58.8	Edinburgh 1/2	1:55:01	57.7	Parkrun Challenge CC #3	0:25:32	58.8	6	12	246.4
10	Fiona	McGargill	F60	Parkrun Challenge CC #3	0:31:16	62.3	Blaydon Race	1:03:48	59.8	Great North Run 1/2	2:27:51	60.2	Parkrun Challenge CC #1	0:33:03	58.2	0	0	240.6
11	Lesley	Bennett	F50	Club Summer Handicap	0:29:24	63.1	Valentine's 10K	1:04:49	59.2	Lambton Castle 10 Mile Trail	2:04:49	51.1	Parkrun Challenge CC #1	0:30:47	60.2	1	3	236.5
12	Stacey	Baister	F40	Club Summer Handicap	0:27:11	56.1	Bridges of the Tyne 5 mls	0:44:26	56.4	Gateshead 1/2	2:10:19	51.8	Blaydon Race	0:51:52	56.4	3	9	229.7
13	Heidi	Finlay	F40	Parkrun Challenge CC #1	0:28:47	55.1	Bridges of the Tyne 5 mls	0:41:58	62.8	Druridge Trail 1/2	2:10:34	54.3	Keilder 1/2	2:25:38	49.2	1	3	224.4
14	Laura	Choake	F30	Parkrun Challenge CC #2	0:21:19	70.5	Blaydon Race	0:52:19	58.8	Croft Motor Circuit 1/2	1:31:01	72.9	Parkrun Challenge CC #1	0:22:07	67.6	4	12	223.0
15	Andrea	Simmons	F Senior	Parkrun Challenge CC #1	0:21:12	69.7	North Tyneside 10K	0:44:20	68.4	Edinburgh 1/2	2:05:28	67.1	Sunderland 10K	0:46:04	65.8	4	12	215.9
16	Celia	Bone	F60	Blaydon Race	0:52:19	58.8	Bridges of the Tyne 5 mls	0:43:34	70.8	Edinburgh 1/2	2:05:28	67.1	Blyth 10K	0:55:05	70.6	2	6	214.5
17	Helen	O'Neil	F40	Parkrun Challenge CC #1	0:29:30	52.8	Blaydon Race	0:56:19	53.1	Great North Run 1/2	2:30:36	46.2	Parkrun Challenge CC #3	0:30:18	51.4	3	9	212.5
18	Dawn	Roxburgh	F40	Parkrun Challenge CC #3	0:30:44	52.6	Pier to Pier (6.7mi/10.7K)	1:15:06	48.2	Great North Run 1/2	2:27:50	49.0	Parkrun Challenge CC #1	0:33:14	48.2	3	9	206.9
19	Emily	Burrow	F30	Parkrun Challenge CC #3	0:32:04	46.8	Blaydon Race	0:57:39	49.7	Edinburgh Full	5:20:06	42.9	Keilder Full	5:25:41	42.4	3	9	198.8
20	Lynne	Midgley-Ward	F50	Parkrun Challenge CC #1	0:28:17	61.1	Blaydon Race	0:53:08	54.7	Great North Run 1/2	2:21:01	55.9	Club Summer Handicap	0:29:08	60.0	1	3	180.0
21	Natalie	Walters	F40	Club Summer Handicap	0:27:58	58.4	Ovingham Pie n Peas 10K	0:58:44	57.7	Blaydon Race	0:54:56	57.3	Blaydon Race	0:54:56	57.3	1	3	176.5
22	Kirsten	Meaney	F30	Parkrun Challenge CC #1	0:24:34	61.4	Blyth 10K	0:52:25	59.2	Great North Run 1/2	2:01:42	55.1	Blaydon Race	0:45:31	77.3	0	0	175.8
24	Beth	Lach	F30	Club Summer Handicap	0:21:44	68.0	Blaydon Race	0:52:19	58.8	Great North Run 1/2	1:44:38	62.4	Blaydon Race	0:45:31	77.3	3	9	139.3
25	Kimberly	Swan	F50	Club Summer Handicap	0:26:00	69.6	Blaydon Race	0:52:19	58.8	Great North Run 1/2	1:58:31	69.2	Blaydon Race	0:45:31	77.3	0	0	138.8
26	Viv	Ferrier	F70	Club Summer Handicap	0:33:34	63.8	Blaydon Race	1:11:07	58.6	Blaydon Race	1:11:07	58.6	Blaydon Race	1:11:07	58.6	2	6	128.4
27	Alison	Sparke	F40	Club Summer Handicap	0:26:25	61.2	Blaydon Race	0:52:19	58.8	Blaydon Race	0:52:19	58.8	Club Summer Handicap	0:26:25	61.2	0	0	122.4
28	Janny	Henderson	F30	Club Summer Handicap	0:24:25	61.3	Blaydon Race	0:52:19	58.8	Great North Run 1/2	1:58:27	56.3	Blaydon Race	0:52:19	58.8	1	3	120.6
29	Rachel	Davies	F40	Blaydon Race	0:52:19	58.8	Blaydon Race	0:47:35	62.3	Great North Run 1/2	2:08:57	53.5	Blaydon Race	0:52:19	58.8	1	3	118.8
30	Anne	Handley	F60	Club Summer Handicap	0:34:06	56.4	Blaydon Race	0:52:19	58.8	Blaydon Race	0:52:19	58.8	Parkrun Challenge CC #3	0:34:46	55.3	0	0	111.8
31	Josephine	McCabe	F Senior	Club Summer Handicap	0:25:40	57.8	Blaydon Race	0:53:08	54.7	Great North Run 1/2	2:05:37	53.5	Blaydon Race	0:52:19	58.8	0	0	111.3
32	Helen	Williams	F40	Blaydon Race	0:53:08	54.7	Blaydon Race	0:53:08	54.7	Great North Run 1/2	2:09:25	52.5	Blaydon Race	0:52:19	58.8	1	3	110.2
33	Jane	Gibson	F50	Club Summer Handicap	0:32:11	54.9	Blaydon Race	0:53:08	54.7	Blaydon Race	0:53:08	54.7	Parkrun Challenge CC #3	0:33:18	53.1	0	0	108.0
34	Andrea	Taylor	F50	Parkrun Challenge CC #2	0:31:18	54.0	Blaydon Race	0:53:08	54.7	Great North Run 1/2	2:09:25	52.5	Parkrun Challenge CC #3	0:31:48	53.1	0	0	107.1
35	Ruth	Birtles	F40	Blaydon Race	0:53:08	54.7	Blaydon Race	0:56:15	53.2	Great North Run 1/2	2:22:20	48.8	Blaydon Race	0:53:08	54.7	0	0	102.0
36	Susan	Dorani	F50	Parkrun Challenge CC #3	0:36:09	50.7	Blaydon Race	0:56:15	53.2	Great North Run 1/2	2:22:20	48.8	Club Summer Handicap	0:36:37	50.0	0	0	100.7
37	Cheryl	Smith	F40	Parkrun Challenge CC #3	0:33:51	45.7	Blaydon Race	0:56:15	53.2	Blaydon Race	0:56:15	53.2	Parkrun Challenge CC #2	0:35:32	43.5	0	0	89.2
38	Jacqui	Buffham	F50	Parkrun Challenge CC #1	0:45:25	39.4	Blaydon Race	0:56:15	53.2	Blaydon Race	0:56:15	53.2	Parkrun Challenge CC #2	0:48:07	37.6	0	0	77.0
39	Elaine	Stroud	F50	Blaydon Race	0:56:15	53.2	Blaydon Race	0:56:15	53.2	Great North Run 1/2	1:40:46	73.6	Blaydon Race	0:56:15	53.2	1	3	76.6
40	Cat	Gooch	F40	Blaydon Race	0:56:15	53.2	Pier to Pier (6.7mi/10.7K)	1:15:21	49.1	Edinburgh 1/2	4:55:15	25.1	Blaydon Race	0:56:15	53.2	0	0	74.2
41	Alexandra	Longton	F30	Blaydon Race	0:56:15	53.2	Blaydon Race	0:56:15	53.2	Great North Run 1/2	1:38:23	67.5	Blaydon Race	0:56:15	53.2	0	0	67.5
42	Sarah	McDougle	F40	Blaydon Race	0:56:15	53.2	Blaydon Race	0:48:00	64.1	Blaydon Race	0:48:00	64.1	Blaydon Race	0:56:15	53.2	0	0	64.1
43	Bev	Crain	F50	Blaydon Race	0:56:15	53.2	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Blaydon Race	0:56:15	53.2	0	0	63.8
44	Emily	Johnson	F30	Parkrun Challenge CC #3	0:24:31	60.8	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Blaydon Race	0:56:15	53.2	1	3	63.8
45	Lyndsey	Curry	F40	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Keilder 1/2	1:48:08	63.2	Blaydon Race	0:56:15	53.2	0	0	63.2
46	Claire	Melrose	F30	Parkrun Challenge CC #3	0:26:25	56.3	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Blaydon Race	0:56:15	53.2	2	6	62.3
47	Alison	Briggs	F Senior	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Great North Run 1/2	1:55:47	56.3	Blaydon Race	0:56:15	53.2	1	3	59.3
48	Mary	Quigley	F50	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Great North Run 1/2	2:17:50	58.7	Blaydon Race	0:56:15	53.2	0	0	58.7
49	Elaine	Horsley	F30	Blaydon Race	0:51:07	63.8	Blaydon Race	0:49:29	58.1	Blaydon Race	0:49:29	58.1	Blaydon Race	0:56:15	53.2	0	0	58.1
50	Sophie	Croft	F30	Blaydon Race	0:51:07	63.8	Blaydon Race	0:49:29	58.1	Great North Run 1/2	1:53:37	57.5	Blaydon Race	0:56:15	53.2	0	0	57.5
51	Anastasia	Trebacz	F Senior	Blaydon Race	0:51:07	63.8	Blaydon Race	0:49:29	58.1	Great North Run 1/2	1:59:07	54.8	Blaydon Race	0:56:15	53.2	0	0	54.8
52	Nithya	Ratnavelu	F40	Blaydon Race	0:51:07	63.8	Blaydon Race	0:49:29	58.1	Great North Run 1/2	2:08:14	54.7	Blaydon Race	0:56:15	53.2	0	0	54.7
53	Kathleen	Townsend	F60	Keswick Parkrun	0:35:19	52.5	Blaydon Race	0:49:29	58.1	Great North Run 1/2	2:08:14	54.7	Blaydon Race	0:56:15	53.2	0	0	52.5
54	Faye	Shepherd	F40	Blaydon Race	0:51:07	63.8	North Tyneside 10K	1:00:52	52.4	Blaydon Race	0:51:07	63.8	Blaydon Race	0:56:15	53.2	0	0	52.4
55	Claire	Peat	F40	Blaydon Race	0:51:07	63.8	Blaydon Race	0:51:07	63.8	Great North Run 1/2	2:19:59	51.2	Blaydon Race	0:56:15	53.2	0	0	51.2
56	Nikki	Benton	F50	Blaydon Race	0:51:07	63.8	Blaydon Race	1:08:16	48.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	0	0	48.4
57	Nicola	Matthews	F40	Blaydon Race	0:51:07	63.8	Blaydon Race	1:08:16	48.4	Great North Run 1/2	2:34:54	47.9	Blaydon Race	0:56:15	53.2	0	0	47.9
58	Anna	Tweddell	F30	Blaydon Race	0:51:07	63.8	Blaydon Race	1:08:16	48.4	Great North Run 1/2	2:22:22	47.1	Blaydon Race	0:56:15	53.2	0	0	47.1
59	Susanne	Nicholson	F50	Parkrun Challenge CC #2	0:39:24	45.4	Blaydon Race	1:08:16	48.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	0	0	45.4
60	Niomi	Pomfret	F40	Club Summer Handicap	0:38:26	40.0	Blaydon Race	1:08:16	48.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	0	0	40.0
61	Sarah	Gibson	F40	Parkrun Challenge CC #2	0:41:05	37.9	Blaydon Race	1:08:16	48.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	0	0	37.9
62	Georgia	Weller	F Senior	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	0	0	34.4
63	Victoria	Grace	F40	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	2	6	6.0
64	Lyndsav	Aspden	F40	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	1	3	3.0
65	Nicola	Balfour	F40	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	1	3	3.0
66	Nikki	Carpenter	F50	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	1	3	3.0
67	Ann-Marie	Shield	F30	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	1	3	3.0
68	Beth	Wilson	F40	Parkrun Challenge CC #2	0:41:05	37.9	Pier to Pier (6.7mi/10.7K)	1:35:14	34.4	Blaydon Race	1:08:16	48.4	Blaydon Race	0:56:15	53.2	1	3	3.0