

FEMALE CATEGORY TABLE

Rank	Name	Age Group	Best Short Race			Best Medium Race			Best Long Race			Best 4th Scoring Race			Bonus Points (Max 12 XC & 12 Relays)			Overall Score
			Race	Time	Score	Race	Time	Score	Race	Time	Score	Race	Time	Score	Number of XC Attendances	Number of Relay Attendances	Bonus Points Scored (3 per event)	
1	Celia Bone	F60	Parkrun Challenge CC#2	0:26:17	72.3	Valentines 10k	0:57:28	69.5				Port of Blyth 10k	0:58:04	68.8	0	2	6	216.7
2	Amelia Dakin	F50	Parkrun Challenge CC#1	0:27:50	66.6	Port of Blyth 10k	0:59:29	65.4				Parkrun Challenge CC#2	0:28:31	65.0	2	3	15	212.0
3	Laura Choake	F30	Parkrun Challenge CC#1	0:20:58	72.0	Newcastle - Gateshead 10k	0:45:43	67.9				Parkrun Challenge CC#2	0:22:18	67.7	1	0	3	210.6
4	Lalage Brown	F60				North Tyneside 10k	0:59:57	66.7	Edinburgh Half Marathon	2:21:40	61.1	Druridge Bay Trail 10k	1:08:24	58.4	1	3	12	198.2
5	Ann-Marie Shield	F40	Parkrun Challenge CC#2	0:23:43	64.0	Valentines 10k	0:50:12	62.2	York Brass Monkey Half	1:50:47	60.9				1	0	3	190.1
6	Stephanie Ions	F30				North Tyneside 10k	0:52:57	58.1	Gateshead Half Marathon	1:53:48	58.3	Newcastle 10k Quayside	0:53:08	57.7	0	2	6	180.1
7	Lindsay Aspden	F40							Gateshead Half Marathon	1:39:05	69.6	Edinburgh Full Marathon	3:35:06	66.9	2	5	18	154.5
8	Julia Lightle	F50				Newcastle - Gateshead 10k	0:49:42	70.6				Pier to Pier 10.7k	0:58:19	64.5	3	3	18	153.2
9	Sarah Gibson	F40	Parkrun Challenge CC#2	0:33:52	46.8				Druridge Bay Trail Half Marathon	2:02:44	57.2	Parkrun Challenge CC#1	0:35:52	44.2	0	0	0	148.2
10	Lynne Midgley-Ward	F50	Parkrun Challenge CC#2	0:33:42	52.5	North Tyneside 10k	1:07:25	54.7				Parkrun Challenge CC#1	0:48:21	36.6	0	1	3	146.7
11	Helen Skinner	F40	Parkrun Challenge CC#1	0:34:51	46.9	North Tyneside 10k	1:10:04	48.3				Valentines 10k	1:11:23	46.9	0	0	0	142.1
12	Kelly Enderwick	F30	Parkrun Challenge CC#2	0:25:00	60.4							Parkrun Challenge CC#1	0:25:45	58.6	3	2	15	134.0
13	Andrea Simmons	F30				North Tyneside 10k	0:47:07	64.4	York Brass Monkey Half	1:42:35	63.6				0	1	3	131.0
14	Fiona Nicholson	F50	Parkrun Challenge CC#1	0:34:19	53.4				Edinburgh Half Marathon	1:55:10	73.1				0	1	3	129.5
15	Kirsten Meaney	F40				Newcastle 10k Quayside	0:54:02	58.2	Edinburgh Half Marathon	1:46:01	64.0				1	0	3	125.2
16	Joanne Lucking	F50				North Tyneside 10k	0:57:11	61.4	Edinburgh Half Marathon	2:16:09	56.5				1	1	6	123.9
17	Andrea Findlater	F40							Druridge Bay Trail Half Marathon	2:05:06	57.2	Edinburgh Full Marathon	4:32:45	55.1	2	0	6	118.3
18	Fiona McGargill	F60	Parkrun Challenge CC#1	0:34:22	57.4							Parkrun Challenge CC#2	0:35:21	56.6	0	1	3	117.0
19	Dawn Roxburgh	F40	Parkrun Challenge CC#1	0:31:08	52.5							Parkrun Challenge CC#2	0:33:42	48.5	2	1	9	110.0
20	Anne Handley	F60	Parkrun Challenge CC#2	0:32:33	60.6							Parkrun Challenge CC#1	0:40:55	48.2	0	0	0	108.9
21	Susan Dorani	F60	Parkrun Challenge CC#1	0:36:03	52.1							Parkrun Challenge CC#2	0:36:31	51.4	0	0	0	103.4
22	Andrea Taylor	F50	Parkrun Challenge CC#2	0:31:56	54.1							Parkrun Challenge CC#1	0:37:34	46.0	0	1	3	103.1
23	Helen O'Neil	F40	Parkrun Challenge CC#1	0:33:35	47.2							Parkrun Challenge CC#2	0:36:05	43.9	1	1	6	97.1
24	Stephanie Manson-Brown	F40				Port of Blyth 10k	0:41:52	79.1							2	4	18	97.1
25	Cheryl Smith	F40	Parkrun Challenge CC#1	0:33:54	46.0							Parkrun Challenge CC#2	0:35:21	44.4	0	1	3	93.4
26	Emma Turnbull	F50							York Brass Monkey Half	1:42:26	76.0				0	3	9	85.0
27	Esme Stephenson	F50							York Brass Monkey Half	1:47:42	69.7				2	1	9	78.7
28	Kimberly Swan	F50							York Brass Monkey Half	1:50:39	75.1				0	1	3	78.1
29	Christine Maddox	F50	Parkrun Challenge CC#2	0:25:31	67.7										1	1	6	73.7
30	Sarah Acey	F30				Pier to Pier 10.7k	0:48:20	67.6							1	1	6	73.6
31	Jo Donkin	F50	Parkrun Challenge CC#2	0:29:08	61.4										2	1	9	70.4
32	Jacqui Buffham	F50	Parkrun Challenge CC#1	0:48:28	37.8							Parkrun Challenge CC#2	0:58:15	31.4	0	0	0	69.2
33	Stacey Baister	F40				North Tyneside 10k	0:56:33	56.0							0	3	9	65.0
34	Anna Tweddell	F40	Parkrun Challenge CC#2	0:23:57	63.7										0	0	0	63.7
35	Paula Heron	F40							Edinburgh Full Marathon	4:43:32	50.8				3	1	12	62.8
36	Natalie Walters	F50							York Brass Monkey Half	2:08:27	57.7				0	1	3	60.7
37	Debra Gardner	F40	Parkrun Challenge CC#2	0:27:03	56.8										0	1	3	59.8
38	Jane Gibson	F50	Parkrun Challenge CC#2	0:31:57	56.6										0	1	3	59.6
39	Helen Williams	F40							York Brass Monkey Half	1:54:47	59.6				0	0	0	59.6
40	Cheryl Gibson	F40							Druridge Bay Trail Half Marathon	2:02:29	57.9				0	0	0	57.9
41	Lesley Bennett	F60				Valentines 10k	1:09:51	56.4							0	0	0	56.4
42	Susanne Nicholson	F50	Parkrun Challenge CC#2	0:35:23	51.1										0	0	0	51.1
43	Amanda Douglass	F50				Newcastle 10k Quayside	1:10:57	48.9							0	0	0	48.9
44	Deborah Taylor	F40	Parkrun Challenge CC#2	0:38:50	41.6										0	0	0	41.6
45	Alison Kelly	F30				North Tyneside 10k	1:19:40	38.5							0	1	3	41.5
46	Emily Johnson	F30													3	5	21	21.0
47	Isabella Walton	F Senior													2	0	6	6.0
47	Ruth Birtles	F40													1	1	6	6.0
49	Louise Gibson	F50													1	0	3	3.0
49	Nikki Carpenter	F50													0	1	3	3.0
49	Rachel Davies	F40													0	1	3	3.0
49	Viv Ferrier	F70													1	0	3	3.0